



Physical Education at Churchfields Primary School



Health & Safety

Our school Health & Safety and First Aid policies are in place and hold president. We ensure that all health and safety requirements apply in all PE lessons and school sport activities. We at Churchfields Primary encourage our children to always consider and recognise their own safety and the safety of others. All members of staff of Churchfields Primary school have access to a copy of the 'AfPE' publication handbook '**Safe practice in Physical Education**' located in Headteacher's office.

Our main aims in ensuring safe PE lessons and School Sport are to anticipate incidents arising through **PREVENTION**. We inform our children of the hazards and risks that may be present in an activity and supporting our children to recognise what may cause harm. Education our children about being safe enables them to learn about '*What is Safe and What is Unsafe (We use 'AfPE – PIE Model, 2016).*

First Aid is to be given if necessary. Parents or Guardians will be notified by a note home or phone call if required. First Aid equipment should be always available, and staff should know what to do and know who to call for assistance in any event of an accident or injury.

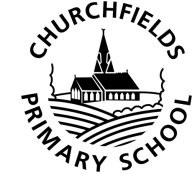
When engaged in Physical Education and School Sport, children are expected to behave in a safe, considerate and responsible manner showing respect to others and equipment. Under no circumstances children should children be setting up or returning large components of equipment without supervision and guidance from a qualified staff member. Regular checks should be made on all equipment and any faulty, unsafe equipment should be reported to PE Staff member or a member or SLT. Any faulty or unsafe equipment that may be hazardous and dangerous should be taken out of use immediately. All large PE equipment items should be checked annually and inspected by a safety officer that is contracted. Good class control and organisation is paramount to the safety of our children in Physical activities.

No potentially Jewellery is to be worn for **any** Physical Activity by staff members or children. Where possible it is expected that children remove jewellery such as Earrings, rings and necklaces. In a rare case this is not possible, parents will need to provide a letter addressed to PE Teacher explaining why. Only on these rare occasions may children then wear tape or plasters, which must be provided by parents and applied by children themselves if possible.

Gymnastics is a high-risk activity of our PE Curriculum. Staff teacher delivering or using this type of equipment must make sure that they are familiar with the risk assessments.



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KIT

All children should wear appropriate P.E Kit that is safe to participate in all Physical Activities (*incl. Extra – Curricular Sports Clubs*). On a rare occasion that this may not be possible during a PE Lesson. Children will continue to participate in the PE lesson in another capacity that is safe, to ensure our children are continuing their engagement and learning. In the event of our Extra – Curricular Sports Clubs, children with inappropriate Kit. Parents or Guardians may be called to collect their child, if this may not be possible children will stay with Sports club and participate in another safe activity.

Specialist kit may be worn where appropriate. *For example, Swimming*

Staff should model good practice by wearing clothes and footwear appropriate for the teaching of PE or another Physical Activity.

Review of Practice

At Churchfields Primary School we have developed an evolving PE Curriculum that aligns with our childrens learning and understanding.

Allowing a curriculum that caters for diverse abilities and interests and bolsters the opportunity to progress our children's leaning of important physical skills. This curriculum is reviewed at the end of each half term. A broad range of Extra – Curricular Sports Clubs are offered to our children that complement addressing physical learning gaps.

PE Staff regularly reflect on lesson planning and delivery, ensuring engagement and effectiveness in nurturing children's physical development within and beyond the curriculum.



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Extra – Curricular

Churchfields Primary School provides a range of physical activities and opportunities for children outside of their weekly PE lessons. Children participate in physical activities at break and lunch times.

Extra-Curricular sport clubs are offered and encourage children to learn new skills or further develop their physical literacy.

PE and Sport at Churchfields is inclusive, and our aim is to ensure that our extra – curricular clubs follow the same footpath. Both intra and inter school games competitions are organised in order to allow children the opportunity to experience competitive sports. These opportunities foster a sense of team spirit and cooperation amongst all our children. We feel it is also paramount that we guide our children to challenge themselves and instil a strive to improve and achieve success through team games and individual personal best scores.

Our annual '**Sports and Wellbeing week**' is a fantastic opportunity to give our children a taste of various sports and experiences that are not on our curriculum and teaching them about the importance of both physical and mental wellbeing.