Helpful Links for Parents

We address many safety issues through our PSHE curriculum (which you can see above). However, we would like to provide you with some links to webpages that you, as a parent, may find useful when talking to your children about key issues.

It is important to remember that the age restrictions for Facebook, Instagram and Snapchat is 13 years old. WhatsApp lists their age restriction to 16+.

https://www.thinkuknow.co.uk/parents/ - This website is produced by CEOP, the Child Exploitation and Online Protection centre. It has a search engine so you can search for articles that help with any specific issue. It is regularly updated so you should be able to find help with the most recent issues.

https://www.internetmatters.org/resources/esafety-leaflets-resources/ - Overall, this website offers abundant advice on e-safety. However, this specific page hosts numerous pamphlets filled with crucial information covering a range of topics. While some are targeted towards older children, given that many parents at this school have older children, you may also find these resources beneficial.

https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/ - The NSPCC have a lot of information for parents on a variety of ways to keep their children safe. This particular part of the site has lots of support for parents on a variety of issues, including online safety, negotiating changing family circumstances and supporting healthy relationships.

https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/social-media/ – This website is a guide for parents to help them to talk to their children about social media. It has links to other resources that may be helpful to you.

https://www.internetmatters.org/parental-controls/ – This particular link takes you to a website that specifically explains how to set up parental controls on your children's devices. This can be really important in helping to safeguard your children online.

https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/ - In school, to safeguard children against abuse, we use the NSPCC Talk Pants resources to help us talk to the children about appropriate and inappropriate touch. This website links you to the parent's section of the

website, where there is information about Talk Pants specifically for parents/carers.