

Relationships

Intent – Overview

We teach children about their relationships with other individuals and their relationship with themselves so they understand what healthy and unhealthy relationships look like. By teaching children what they should expect from others, they are better able to understand when they are part of an unhealthy relationship, and therefore more likely to seek help. Teaching children how to be a good friend, how to respect boundaries, and how to relate to others, will allow them to form stronger, happier relationships throughout the duration of their lives, which will support their emotional wellbeing.

Intent – Year 4

Families and Friendships

Children in Year 4 are asked to build on their understanding of relationships that they have built in previous years by considering how the relationships in their lives are different with different people. Children learn to acknowledge that relationships should all contain the same core elements, but are all different in their own ways. Through this, children start to develop an understanding of the fact that the way they relate to different individuals will always be different, but this can be a good thing. They will also start to understand that whilst relationships may be different, it doesn't mean they are always unfair. However, they also develop their recognition of unfair, unhealthy relationships, enabling them to learn when a relationship benefits them, and what to do if it does not.

Safe Relationships

In Year 4, we build upon the understanding of bullying built in previous years, discussing some different categories of bullying that children might experience. We aim to equip children with the ability to recognise bullying in its different forms, in order that they can ask for help and talk about it if they are experiencing it or ever experience it in future.

Respecting ourselves and others

We introduce a lot of key vocabulary in Year 4, pointing out to the children how our faith, gender and sexual orientation can differ. We use the respect we have learned to develop over the last few years and demonstrate how this applies in more specific contexts, as by this age, children are developing an awareness of these differences in people, both in their lives and in the media. By having these discussions at a young age, we hope to be able to show children how tolerance and respect for all is vital.

	Families and Friendships	Safe Relationships	Respecting ourselves and others
Year 4	<p><u>Recap</u> We understand what causes disagreements and can work them out with others positively.</p> <p><u>Crucial</u> We have different types of relationships with different people. Trust, respect and kindness make a good friendship</p> <p><u>Extended</u> We don't have to have all the same interests to be friends with someone. A healthy relationship needs to be fair – it should never be one person doing all the giving and the other person taking.</p>	<p><u>Recap</u> Bullying is when someone chooses to hurt someone else on purpose with his or her actions or with their words.</p> <p><u>Crucial</u> People may push us to follow or do the same things as them. This is called peer pressure. Bullying can take many forms verbal, physical, emotional and cyber. You should talk to an adult you trust if you are being bullied or are worried about someone else being bullied either face to face or online.</p> <p><u>Extended</u> Anyone can be a victim of bullying and it can happen at any age. There are usually witnesses (people who have seen) to bullying. Victims of bullying need support. Bullies also need help to change their behaviour.</p>	<p><u>Recap</u> We are all unique and special Everyone deserves to be treated with respect, even if they are not our friend.</p> <p><u>Crucial</u> Everyone is different, people have different backgrounds, faiths, genders and sexual orientations. When talking about our beliefs and ideas with others we should take care to speak respectfully and learn the correct vocabulary to express our thoughts.</p> <p><u>Extended</u> People also have similarities. We may have the same likes and dislikes, the same values or aspirations.</p>

