

PSHE Curriculum

Churchfields Primary School

Guidance

- Each year group has 3 documents - the crucial knowledge, key vocabulary and lesson content.
- The crucial knowledge is what we want all children to know and to be able to talk about.
- The lesson content outlines what should be talked about in class during the unit. This is where we demonstrate most progression throughout year groups. For example, all children should know that 'We should treat each other with respect'. However, when asked to talk about it, we would want Y1 children to be talking about being kind and sharing, whereas with Y6 we would want the children to be talking about resolving conflict in different ways and how we should demonstrate kindness to all, regardless of differences such as gender, race or religion.

Guidance

- Combine as many lesson content statements into one lesson as you feel is appropriate. Many of them lend themselves to being taught side by side.
- Teach the content in whichever order suits your class and spend as long on any particular crucial knowledge statement as you need to. A class that knows to tell an adult if they're uncomfortable but treat each other with disrespect will need more time talking about kindness and less time talking about telling an adult.

Autumn

Relationships

Year 3

Crucial Knowledge

Families and Friendships

Families are all different.
Sometimes we argue with
loved ones and that is okay.

Safe Relationships

We have private parts of our body.
We have the right to say no to anything that
makes us uncomfortable.
We should talk to a grown up we trust if we
feel uncomfortable or unsafe.
We don't have to keep secrets if they make
us sad or uncomfortable.
Bullying is purposefully upsetting someone
over and over again.

Respecting Ourselves and Others

We should treat others with respect.
We should be treated with respect.
The way we behave effects others.

Lesson Content - Y3

Families and Friendships

There are different types of families.

There are **single parent families, same sex parents, step parents, blended families, foster and adoptive parents.**

Being part of a family should provide support, stability and love.

Being part of a family means you can spend time with the people you love and care for each other.

Families can support you in times of difficulty and also encourage you in the things you do.

Respecting Ourselves and Others

Everybody deserves to be treated with respect.

When you **respect** someone, you treat them kindly and use good manners.

It is important to be polite and always use your manners.

Lesson Content - Y3

Safe Relationships

It is important to speak to someone we trust if we have a worry about ourselves or someone we know.
We have lots of different people we can talk to.
It is important to be a good friend and know the impact of hurtful behaviour.

Please recap any topic from previous years if the children are demonstrating that they need reminding.
Recap Y2 Relationships during recap week.

Key Vocabulary - Y3

Families and Friendships

Same-sex - both male or both female

Foster parents - people who look after a child for a period of time

Adoptive parents - people who officially become a child's new parents

Blended families - when two people join their families together, where the children may have other parents.

Respecting Ourselves and Others

Polite - treating someone kindly and respectfully

Manners - saying 'please', 'thank you', 'sorry' and 'excuse me' when you need to.

Safe Relationships

Trusted adult - someone older than 18 who you know well and makes you feel safe, like a family member or a teacher.