

Primary Physical Education Curriculum Map

Within the PE curriculum at Churchfields Primary School at Key Stage one pupils will be developing the following skills and capabilities.

- Fundamental movement skills.
- Develop their agility, balance and coordination, individually and with others.
- They should be able to engage in competitive (both against self and against others).
- Co-operative physical activities, in a range of increasingly challenging situations.

Pupils knowledge and ability to perform the above will be assessed through the assessment of the following:

- Master basic movements including running, jumping, throwing and catching
- Their ability to be agile, balance, flex and co ordinate their bodies through a range of activities including Gymnastics and games.
- Participate in small team games, developing sport specific skills such as throwing, catching, moving in to space.
- Pupils begin to think about outwitting an opponent and develop simple tactics to attack and defend.
- Experience competitive situations both against themselves and others.

		Guided Winter Term		Guided Spring Term	Guided Summer Term	
Stage 1:	Rec	Learning PE basics: Changing, lining up, following instructions, safety. The length on how long this will last is teacher dependant.	Fundamental Skills: Throwing, catching, running and jumping and chasing.	Gymnastics: Pupils to follow the British gymnastics qualification for Early years and work towards pre school levels 1,2 3.	Fundamental Skills: Throwing, catching, running and jumping and chasing.	Fundamental Athletics: Here pupils will get used to running in lanes, throwing/jumping for distance.
	Year 1	Fundamental Skills: Through Sport (Football, Basketball, netball, athletics) Set up a circuit and pupils perform up to 10 skills related to that sport. Developing fundamentals along with sports specific skills.		Gymnastics: Pupils also to develop balance, strength and flexibility through use of a variety of apparatus. Pupils to begin the British Gymnastics level 1.	Fundamental Athletics: Here the pupils will be using their learned fundamentals and use them to throw/jump/run the best as they can. Pupils experience a competitive situation. (includes Sports Day)	
	Year 2	Skills for Games: Here pupils will begin to work with partners and small teams, developing throwing and catching skills, moving in to space and outwitting opponents. Other team skills such as organisation, self awareness and communication will also be developed.		Gymnastics: Pupils to work through the level 3 of the British Gymnastics Schemes. Pupils to begin to assist in the moving of gym equipment with pupils being given roles within the lesson.	Athletics: Pupils to begin to learn the basic techniques of a throw for distance, long jump, sprint and longer distance run.	Team Challenges/games: Pupils will develop team work and overcome a problem. Working in small groups, developing trust, communication and problem solving.