

# PSHE Curriculum

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Churchfields Primary School

# Guidance

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- Each year group has 3 documents - the crucial knowledge, key vocabulary and lesson content.
- The crucial knowledge is what we want all children to know and to be able to talk about.
- The lesson content outlines what should be talked about in class during the unit. This is where we demonstrate most progression throughout year groups. For example, all children should know that 'We should treat each other with respect'. However, when asked to talk about it, we would want Y1 children to be talking about being kind and sharing, whereas with Y6 we would want the children to be talking about resolving conflict in different ways and how we should demonstrate kindness to all, regardless of differences such as gender, race or religion.

# Guidance

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- Combine as many lesson content statements into one lesson as you feel is appropriate. Many of them lend themselves to being taught side by side.
- Teach the content in whichever order suits your class and spend as long on any particular crucial knowledge statement as you need to. A class that knows to tell an adult if they're uncomfortable but treat each other with disrespect will need more time talking about kindness and less time talking about telling an adult.

# Autumn

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Relationships

*Year 6*

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# Crucial Knowledge

## Families and Friendships

Families are all different. Sometimes we argue with loved ones and that is okay. Our relationships aren't all the same.

Peer pressure is when the people around you try to influence you.

Everyone has the right to be loved.

## Safe Relationships

We have private parts of our body.

We can have the right to say no to anything that makes us uncomfortable.

We should talk to a grown up we trust if we feel uncomfortable or unsafe.

We don't have to keep secrets if they make us sad or uncomfortable.

Bullying is purposefully upsetting someone over and over again.

## Respecting Ourselves and Others

We should treat others and ourselves with respect.

We should be treated with respect.

The way we behave affects others.

# Lesson Content - Y6

## Families and Friendships

Gender identity is the gender that you think you are, where sexual orientation is the gender you are attracted to.

Everyone has the right to be loved.

People can show their commitment to each other in many different ways.

Marriage is the legal union of two people as a partnership.

It is illegal to force someone to get married.

You can contact the forced marriage unit to report a forced marriage, and you can ring them to ask for help. If it is an emergency and you need help right away, you can ring 999.

Some people choose to get married or live together, others don't.

It is your choice how you choose to show commitment to someone, and you should respect other people's choices.

## Respecting Ourselves and Others

Not all anger is unhealthy or destructive.

Different calming down strategies work for different people; find the best one for you.

It is completely normal to have fall-outs and disagreements with our friends and family; we just need effective techniques for resolving these disputes.

If we are upset with one of our friends or family, it is important to tell them - otherwise they might not realise what the problem is.

# Lesson Content - Y6

## Safe Relationships

When a conflict gets out of hand, it can help to involve a trusted adult.

Peer pressure can cause someone to doubt themselves and can lead to them having lower self-esteem.

Keeping a secret can be very stressful, especially if it leads to telling lies.

You can be close friends with someone who hold different opinions and who has different interests.

Sometimes people disagree because they have been exposed to different 'facts' which further support their differing opinions.

Please recap any topic from previous years if the children are demonstrating that they need reminding.

Recap Y5 Relationships during recap week.

# Key Vocabulary - Y6

## Families and Friendships

Biological sex - whether you were born in a girl's or a boy's body.

Gender identity - whether you self-identify as as a boy, as a girl or non-binary.

Non-binary - neither male nor female

Sexual orientation - whether you fall in love with boys, girls, neither or both.

## Respecting Ourselves and Others

Dispute - argument

Calming down strategies - methods to help us to calm down

## Safe Relationships

Peer pressure - when people around you try to influence you or make you do something