

PSHE Curriculum

Churchfields Primary School

Guidance

- Each year group has 3 documents - the crucial knowledge, key vocabulary and lesson content.
- The crucial knowledge is what we want all children to know and to be able to talk about.
- The lesson content outlines what should be talked about in class during the unit. This is where we demonstrate most progression throughout year groups. For example, all children should know that 'We should treat each other with respect'. However, when asked to talk about it, we would want Y1 children to be talking about being kind and sharing, whereas with Y6 we would want the children to be talking about resolving conflict in different ways and how we should demonstrate kindness to all, regardless of differences such as gender, race or religion.

Guidance

- Combine as many lesson content statements into one lesson as you feel is appropriate. Many of them lend themselves to being taught side by side.
- Teach the content in whichever order suits your class and spend as long on any particular crucial knowledge statement as you need to. A class that knows to tell an adult if they're uncomfortable but treat each other with disrespect will need more time talking about kindness and less time talking about telling an adult.

Autumn

Relationships

Year 1

Crucial Knowledge

Families and Friendships

Families are all different.

Safe Relationships

We have private parts of our body.
We can say no to anything that makes us uncomfortable.

We should talk to a grown up we trust if we feel uncomfortable or unsafe.

Respecting Ourselves and Others

We should treat others with respect.
We should be treated with respect.
The way we behave effects others.

Lesson Content - Y1

Families and Friendships

Respect means that you interact with someone in a way that shows that you care about them and understand how they feel.

We all have **special** people who help and care for us.

Special people make us feel safe and **comfortable**.

All families are different.

Respecting Ourselves and Others

Our **behaviour** can affect other people. It is important to be **polite**, **share** and **take turns** when working with others or as part of a team.

Telling a friend what we **appreciate** about them makes them feel good. This is called a **compliment**.

Being **kind** makes people happier.

You can never run out of **kindness**, so don't be afraid to be kind to everyone.

Kindness is like a boomerang, when we give it, it usually comes back to us.

Most people have their best ideas when they work as a team.

We learn best by listening, seeing things or doing things.

Lesson Content - Y1

Safe Relationships

There are some parts of our body which are **private**. That means no one should be allowed to see or touch them without **permission**.

If a doctor needs to look at your private parts, you can have a trusted grown up with you.

We **respect** others by allowing them to keep their body parts **private**.

Some forms of **touch** are **appropriate** like hugs, tickling and kisses but it is important to know the difference between what is **appropriate** and what is **inappropriate**.

You have the right to say 'no' to **unwanted touch**.

A **trusted adult** is someone such as a trusted friend, family member or a teacher.

If you ever feel **uncomfortable** or **unsure** about something, even with an adult you know well, you should tell an adult you trust.

Secrets are not the same as surprises. If a secret upsets you, you should **tell** an adult you **trust**.

Underwear Rule NSPCC

Key Vocabulary - Y1

Families and Friendships

Respect - interacting with someone in a way that shows that you care about them and understand how they feel.

Family - a group of people who love, support and care for each other.

Respecting Ourselves and Others

Behaviour - the way we act

Kindness - being friendly and nice

Team - group of people working together

Safe Relationships

Private parts - the parts of our body covered by our underwear.

Appropriate - acceptable and reasonable

Inappropriate - unacceptable and unreasonable